

# Adigha Woman – Legend and Fact



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# **What Do We Know About Adigha Women?**

# Adyghe Woman – Legend and Fact

## Tragedy and Hardship



# Adyghe Woman – Legend and Fact

## Overcoming Hardships



# Adigha Woman – Legend and Fact

Beautiful and Elegant



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Beautiful and Elegant



Sultan Abdul Hamid



Boris Johnson

# Adigha Woman – Legend and Fact

## Intelligent

### Contribution to Science and Medicine

The Circassian women's practice of inoculating babies with the smallpox virus in the 1790s – Voltaire



Professor Gulsen Avci

# Adigha Woman – Legend and Fact

Creative

The Arts



# Adigha Woman – Legend and Fact

Wise and Highly Respected



## Adigha Woman – Legend and Fact

### Maintain the Adigha Language and Culture

- Using the Adigha language with her children
- Model and practice of the Adigha habza with children

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## The Adigha Flag



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Looking Forward to Seeing  
You the Next Conference

